



How to Participate

You don't need a budget, a formal organization, or specialist expertise. What matters is that you show up, start a conversation, and help the **Every Body** message travel further.



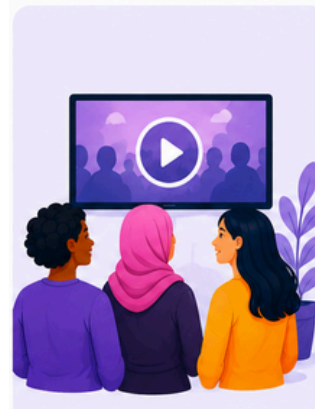
Host a conversation

Pick one or two of the ten themes and discuss them in your workplace, classroom, community, or home. No expert needed. Just honest, respectful conversation.



Run a workshop

Use the fact sheet and slide deck for a session with your team, class, or group. Adaptable for any setting.



Screen a film or video

Choose content from the suggestions list. Follow it with a discussion. Film opens conversations that are hard to start directly.



Post online

Use the Social Media Content Pack. Use #WSHD2026 and #EveryBody so your participation connects to the global campaign.



Create something

Art, writing, music, photography, bring Every Body into your community in whatever way resonates there.



Do something small

Share a fact. Raise a topic you'd otherwise leave out. Recommend a resource. Small acts, repeated widely, are how change moves.



Share your event

Register at worldsexualhealthday.org. Tag WAS on social media. Events shared with WAS may be featured on the WSHD website and channels.

worldsexualhealthday.org



**GET EVERY
INVOLVED BODY**

