

WORLD SEXUAL HEALTH DAY

SEPTEMBER 4th



CONSENT. 

WORLD ASSOCIATION FOR SEXUAL HEALTH



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The theme for 2023 is

CONSENT





The **World Association for Sexual Health (WAS)** strongly believes that consent is an important issue in any discussion of sexual health. Respect for each other's boundaries, desires, and autonomy is essential to creating a safe and healthy environment for all people.

Without consent, sex can become an exploitative and dangerous act.

World Sexual Health Day (WSHD) is an important opportunity to promote open and honest communication about sex and to raise awareness about the importance of consent as an important opportunity to promote open and honest communication about sex and to raise awareness about the importance of consent.

Past WSHD Themes

- **2022** Let's Talk Pleasure
- **2021** TURN IT ON [Sexual Health in a digital world]
- **2020** "Sexual pleasure in times of COVID-19"
- **2019** "Sexuality Education for all: a bridge to sexual health"
- **2018** "Sexual Health and Sexual Rights are FUNDAMENTAL for well-being – Celebrating 40 years of the World Association for Sexual Health"
- **2017** "Love, bonding and intimacy, a possibility for all"
- **2016** "Sexual Health: Eliminating the Myths"
- **2015** "Sexual Health for a fairer society"
- **2014** "Sexual health: The well-being of sexuality"
- **2013** "To achieve sexual health, picture yourself owning your sexual rights!"
- **2012** "In a diverse world, sexual health for all!"
- **2011** "Youth's sexual health: Shared rights and responsibilities."
- **2010** "Let's talk about it!"

WAS DECLARATIONS



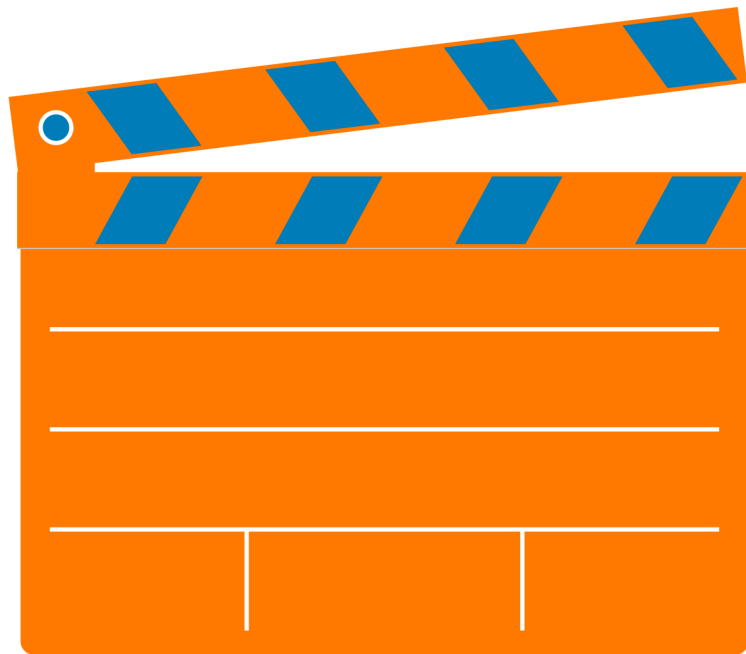
- Declaration of Sexual Rights
- Declaration on Sexual Pleasure

"Everyone has the right to control and decide freely on matters related to their sexuality and their body. This includes the choice of sexual behaviors, practices, partners and relationships with due regard to the rights of others. Free and informed decision making requires free and informed consent prior to any sexually-related testing, interventions, therapies, surgeries, or research."

How You Can Celebrate World Sexual Health Day

FILM FESTIVAL

A consent film festival could include short films, big pictures, or even some ted talks. Anything that could spark a discussion on consent will do!

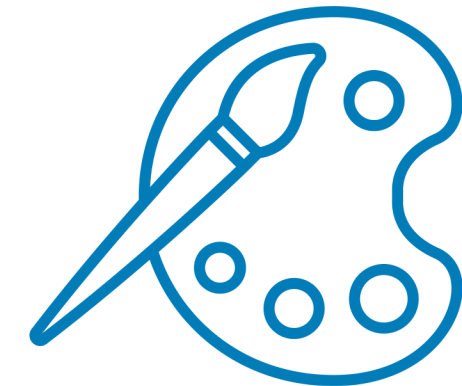


MUSICAL EVENTS

Open mic nights, karaokes, concerts from local bands, music festivals...all with one theme: consent!

ART GALLERY

Host an art gallery with the theme being “consent” or something related, like healthy relationships, boundaries, etc.



How You Can Celebrate World Sexual Health Day

CONSENT FAIR

A sexual health fair with a main theme of consent would surely be a hit. Include DIY craft tables, local resources, and even STI testing



PHOTOVOICE PROJECTS

Photovoice projects are a great way to raise awareness. Ask community members to take photographs depicting what consent looks like in the community and share as a group to learn insights from each other. This can be in person, or even via a social media campaign



How You Can Celebrate World Sexual Health Day



PHYSICAL ACTIVITIES

- Try a 5k walk or run for consent to get the community involved
- Community mediation or a community yoga event could hold space for mindful reflection on the importance of consent

COMMUNITY OUTREACH

- Host workshops or local community courses on consent.
- Special topics may include how to teach consent, consent and STIs, consent and hookup culture, consent and contraception, and so much more!
- Key audiences may include teens, parents, educators, and kids.



Online Resources

- Printable fact sheet on Consent
- Quizzes



Presentations

Let's Talk Consent

- A guide for young adults/university students on important consent topics.

Teaching Consent

- How adults can teach the children in their lives about consent.





Social Media Toolkit



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Your body, your rules: Let consent be your guide.
#wshd2023 #Consent2023

Consent: The key that unlocks a world of respect and pleasure. #wshd2023 #Consent2023

No consent, no go: Respect boundaries and create a culture of consent #wshd2023 #Consent2023

Consent is a conversation, not an assumption
#wshd2023 #Consent2023

No one owes you their body: Respect boundaries and seek enthusiastic consent #wshd2023 #Consent2023

Ask, listen, respect: The three pillars of sexual consent. #wshd2023 #Consent2023

Download the social media toolkit for more

Sample Social Content



World Sexual Health Day TikTok Challenge

Use **#consent2023**

How do you ask for your consent?
Tell us your fun, funny, sexy go-to
ways to make sure everyone is
having a good time!



THANK
YOU

Check out The World Association of Sexual Health's website for more sexual health info!

Don't forget about World Sexual Health Day 2023's website too!

